

Simulation methods for improving healthcare services: how to choose the right method and to model a system right

Murat M. Günal, PhD

Founder, Associate Professor

Simarter
Istanbul, Türkiye

Plan for this talk

- Healthcare area
- Economy of simulation
- What do we have in our toolbox?
- Personal experiences on
 - building models (and simulations) [how to choose the right method]
 - Increasing their validity [model a system right]
- Final words

Simulation in Healthcare

Training with/on physical objects is also called simulation, although I prefer them called “simulators”

We are not going to talk about them...
Let's talk about “real” simulation...

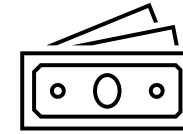


Simulation in Healthcare

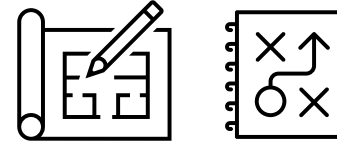
Epidemiology and diseases



Macroeconomy



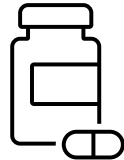
Strategy
& planning



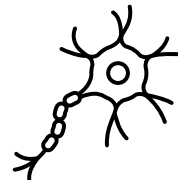
Equity



Interventions



Biology



Performance in
operations

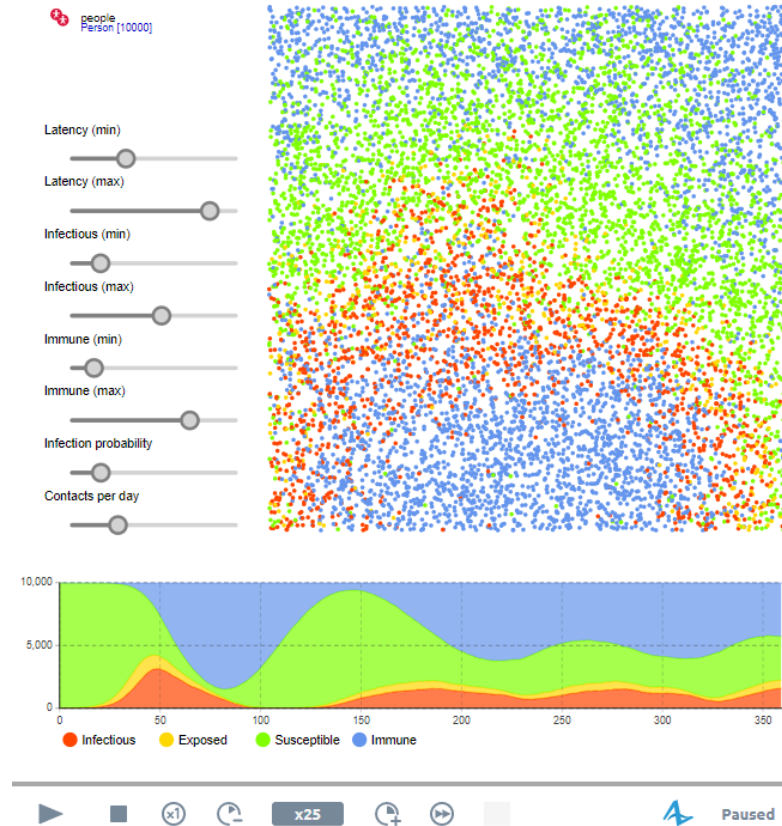


Epidemiology and diseases

Spread of diseases

Agent-based

Agent Based Epidemic Model



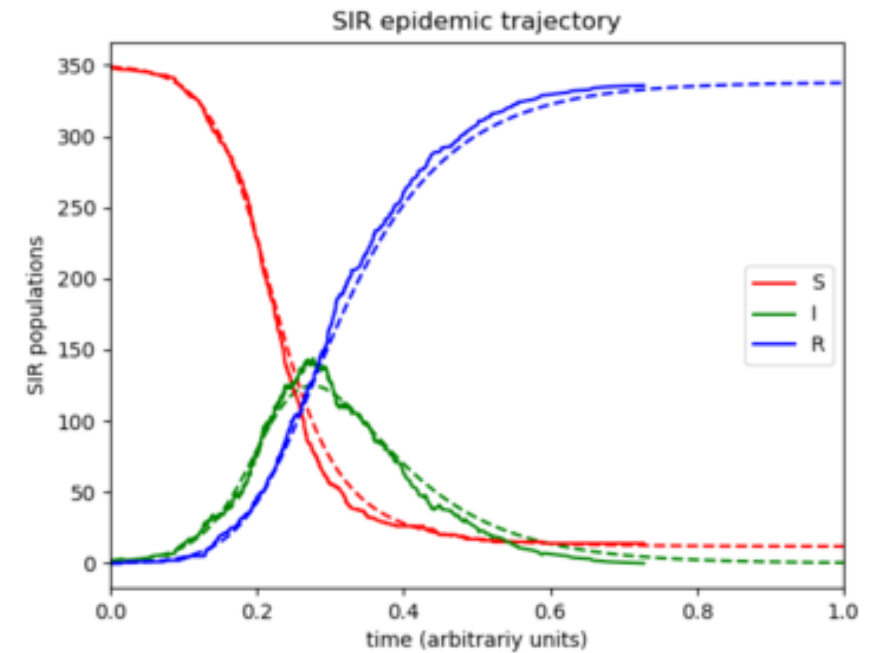
Epidemiology and diseases



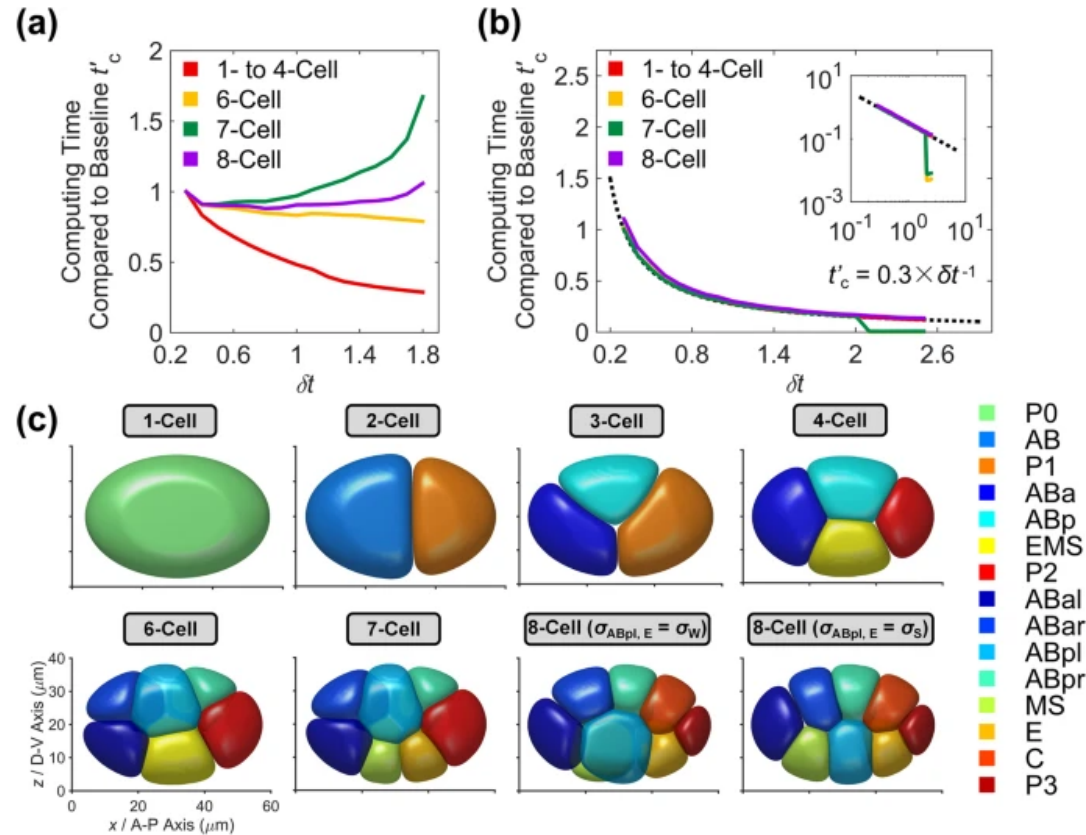
Compartmental

S – I – R

$$\begin{aligned}\frac{dS}{dt} &= -\frac{\beta IS}{N}, \\ \frac{dI}{dt} &= \frac{\beta IS}{N} - \gamma I, \\ \frac{dR}{dt} &= \gamma I,\end{aligned}$$



Biology



Cell level models

dynamics of cells

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MorphoSim: an efficient and scalable phase-field framework for accurately simulating multicellular morphologies

[Xiangyu Kuang](#), [Guoye Guan](#), [Chao Tang](#) & [Lei Zhang](#)

[npj Systems Biology and Applications](#) **9**, Article number: 6 (2023) | [Cite this article](#)

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Abstract

The phase field model can accurately simulate the evolution of microstructures with complex morphologies, and it has been widely used for cell modeling in the last two decades. However,

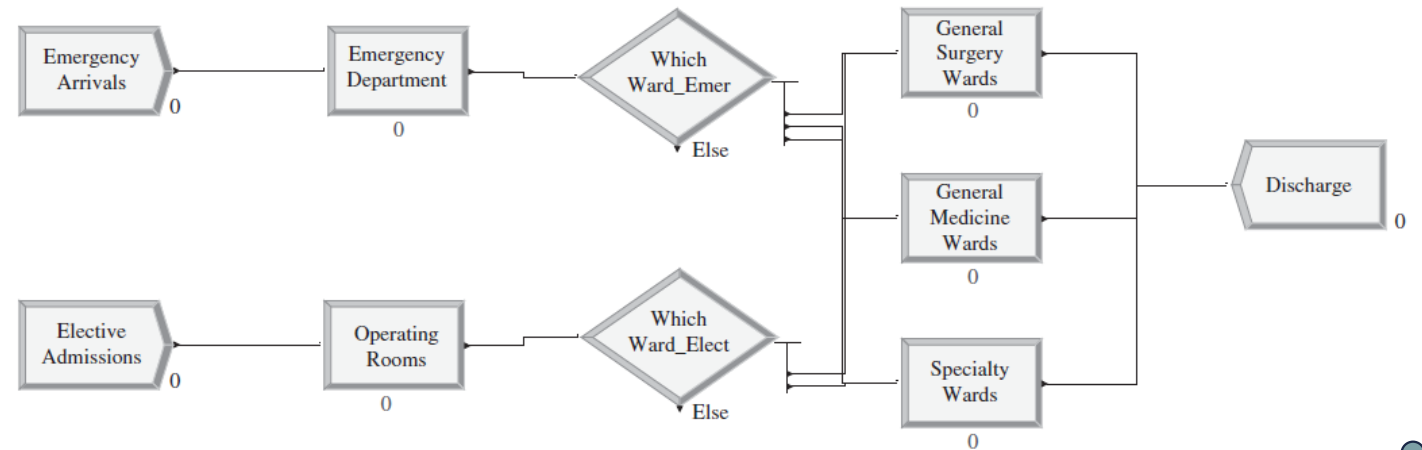
Performance in operations



Flow of patients in a system related to healthcare

Hospitals, ER, departments...

Waiting time of patients, utilisation of doctors, nurses ...



Mostly DES...

Equity



Health equity

Credits +

[Overview](#)

[Data and evidence](#)

[Response](#)

Equity is the absence of unfair, avoidable or remediable differences among groups of people, whether those groups are defined socially, economically, demographically, or geographically or by other dimensions of inequality (e.g. sex, gender, ethnicity, disability, or sexual orientation). Health is a fundamental human right. **Health equity is achieved when everyone can attain their full potential for health and well-being.**

Allocation of “money”
with justice

Who will you treat first?

QALY, DALY ...

Interventions, strategy & planning Macroeconomy

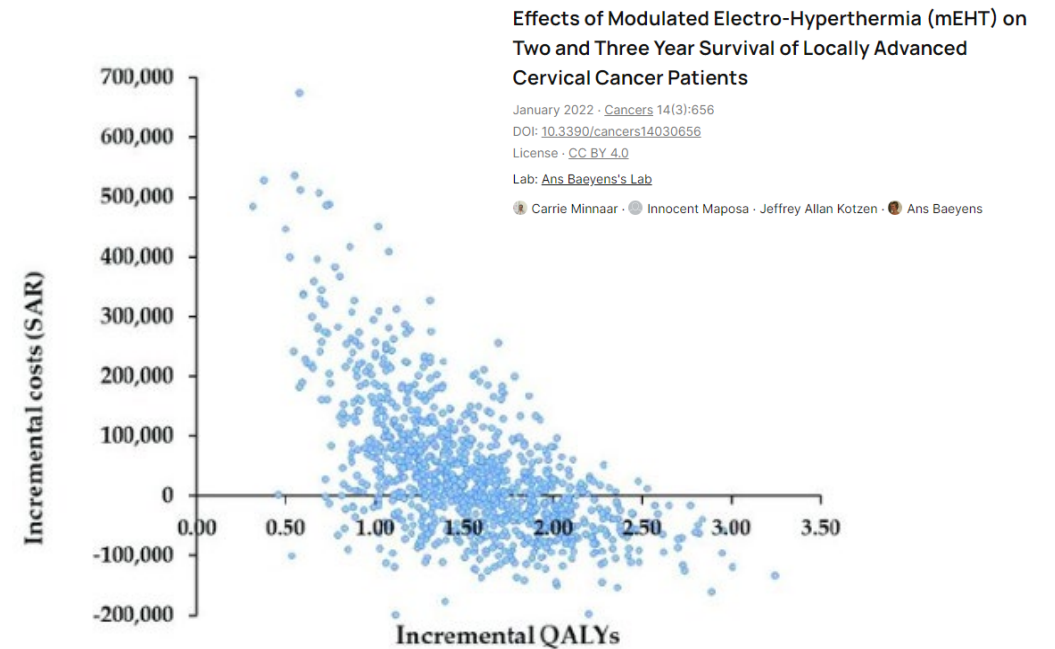


What if we have this treatment?

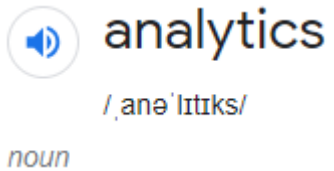
What must be the pricing strategy of this drug?

What is the long-term benefit of this treatment?
How much will that cost to the nation?

Mostly health
economics
terminology involved,
such as CEA, PSA,
ICER...



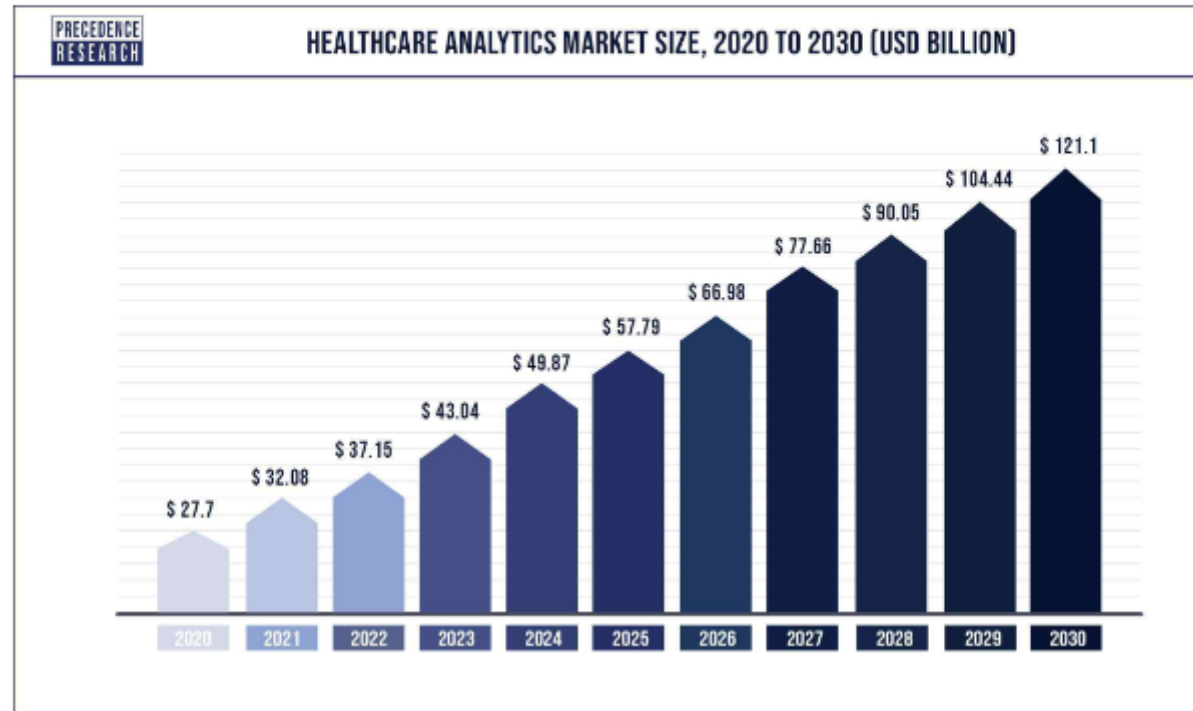
Healthcare Analytics Market Size



information resulting from the systematic analysis of data or statistics

The economy of “Simulation”...

The global **healthcare analytics market** size was estimated at USD 37.15 billion in 2022 and is expected to **reach over USD 121.1 billion by 2030** and poised to grow at a **CAGR of 15.9% from 2022 to 2030**. U.S. healthcare analytics market was valued at USD 24.8 billion in 2022.



<https://www.precedenceresearch.com/healthcare-analytics-market>

SIMULTECH 2023, July 13th. Murat Günel, Keynote Talk

Our toolbox

methodologies
and
software

Method

DES

SD

ABS

Markov

Micro

Hybrid...

COTS

SIMUL8

anylogic

Arena

FlexSim
problem solved.

VISUAL
COMPONENTS



Simio



Excel

Language

python

TS

R



C#

Java



HTML5



Swift

CSS

>

C++

JS

php

Game engine

GameMaker Studio 2

unity



GODOT
Game engine

lumberyard



MONOGAME



CRYENGINE

CONSTRUCT 3

UNREAL ENGINE

COTS

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- ☐ Monthly Subscription
- ☐ Annual Subscription
- ☐ One-Time License

Features

- ☐ 3D Imaging ?
- ☐ Agent-Based Modeling ?
- ☐ Continuous Modeling ?

MATLAB VIEW PROFILE

By The MathWorks

★★★★★ 4.6 (1998)

A programming environment for algorithm development, data analysis, visualization, and numerical computation. [Learn more about MATLAB](#)

☐ COMPARE SAVE

AnyLogic VIEW PROFILE

By The AnyLogic Company

★★★★★ 4.5 (394)

AnyLogic is the only simulation tool that supports Discrete Event, Agent-Based, and System Dynamics Simulation. [Learn more about AnyLogic](#)

☐ COMPARE SAVE

How to choose the right method

Well... what is the problem?

Measure operational performance?

Behaviours affecting the problem?

Feedbacks are significant?

Molecule or cell level?

Health outcome vs. cost?

DES

ABS

SD

Markov

Micro

Hybrid...

How to choose the right method

Data availability

High

Low

Scarce

Expert knowledge

Questionnaires (PRO)

Clinical trials

Medical literature

DES

ABS

SD

Markov

Micro

Hybrid...

How to choose the right method

Entity... (patient)

in the problem...

Individual
(not intelligent)

Individual
(intelligent)

Cohort

Population
(sub-populations)

Cell, organism...

DES

ABS

SD

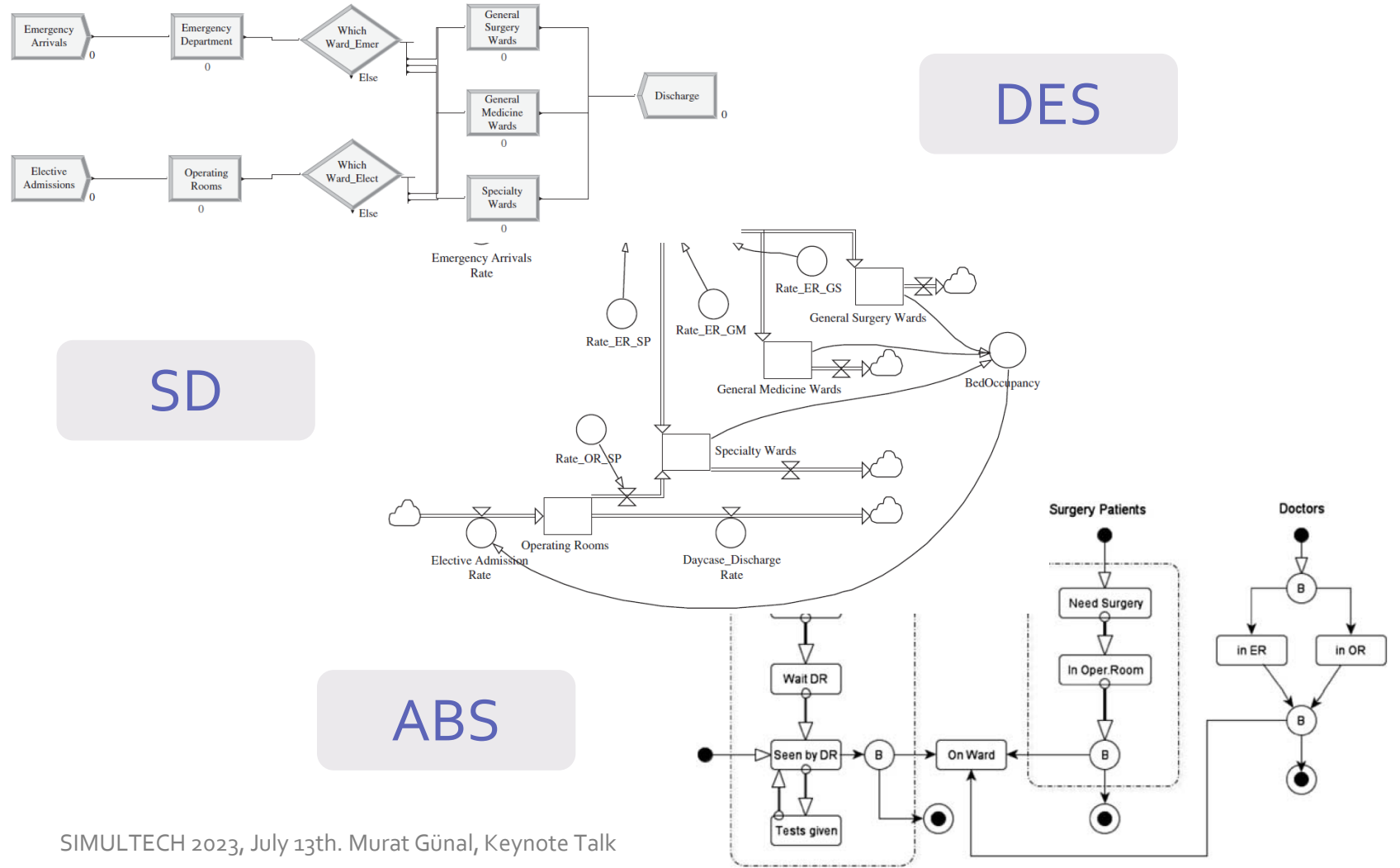
Markov

Micro

Hybrid...

How to choose the right method

A hospital's operational performance



Model a system right

Get the client on board (client involvement)

Frame and scope the problem

Find a good level of detail

Specify a level of generality

Check the data validity

Be sure the results make sense

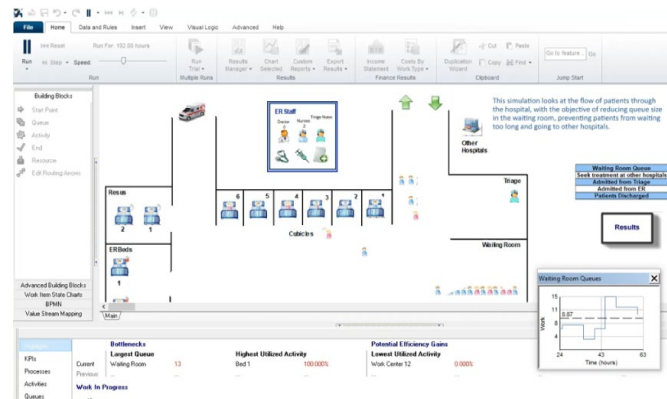
Model a system right

Get the client on board (client involvement)

Explain them using non-technical language

Tell them that
“all models are wrong, but some are useful”
(George Box)

Use visuals
(face validity)



Model a system right

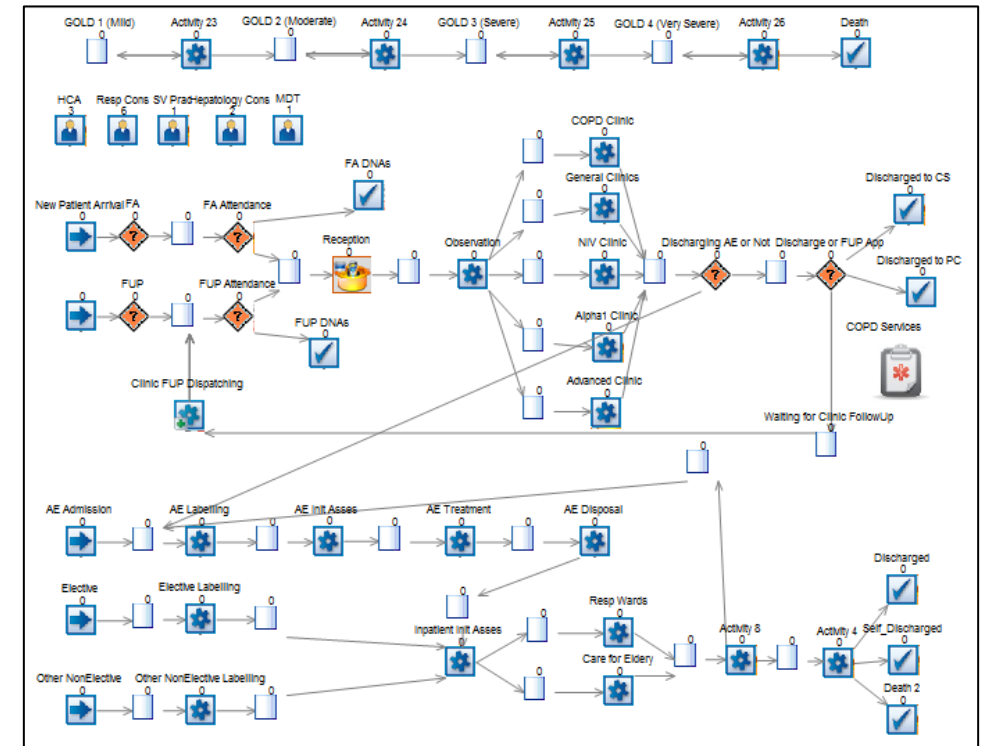
Find a good level of detail

Do we really need?

Simple is good...

Oversimplified is bad...

"Re-use" is dangerous. Be careful!

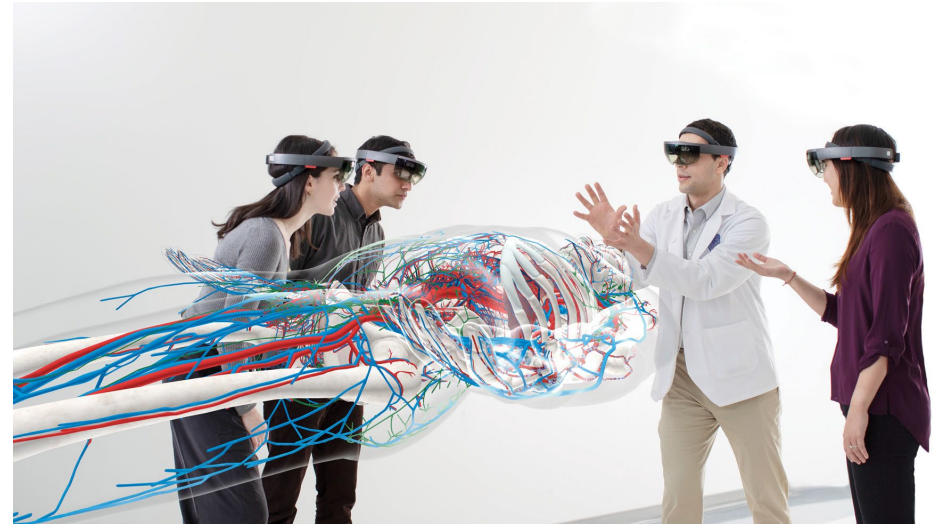


Model a system right

Specify a level of generality

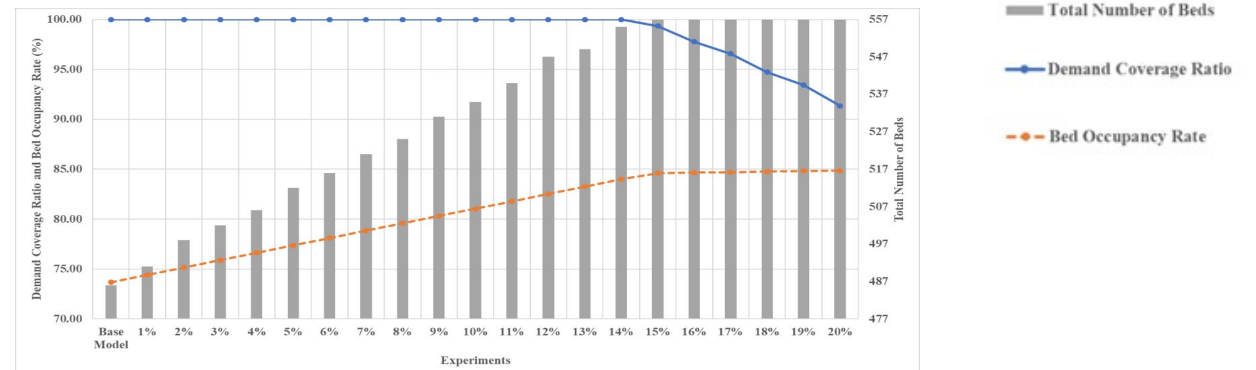


Will I be able to do
“everything” with my model?
certainly not...



Model a system right

Be sure the results make sense



Back of envelope calculations...
(check your results with fast and hand-made calculations)

Code	Name	# of Electives	# of Non-Electives	Forecasted bed occupancy rates (%)	Required # beds
1	General surgery	3,468	3,660	84.82	60
2	Trauma & Orthopaedics	3,276	1,536	84.72	47
3	General Medicine	1,469	9,004	84.81	115
4	Cardiology	972	1,224	83.62	31
5	Paediatrics	264	2,196	83.98	11
6	Gynaecology	1,553	2,147	81.33	15
7	Geriatric Medicine	-	7,692	84.72	150
8	Obstetrics	-	7,320	84.58	46
Total		11,002	34,779	-	475

Thank you...

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**Simarter
Istanbul, Türkiye**